



**You are not alone.**

We believe in your strength and courage as a survivor. 180 offers hope and support as you overcome domestic violence and sexual assault. Our caring and experienced counselors will listen, discuss your options, and provide resources to guide you.

**You can have a fresh start.**

You are not to blame for your experience of abuse. You and your family deserve to live your life free of fear and full of promise. Together, we'll create your pathway to safety, healing, and independence.

**We can begin together.**

We are here for you when you're ready. Our comprehensive support services are free and confidential, including 24/7 hotlines, counseling, legal advocacy, emergency safe house, and art, play, drama & music therapy for children.

**DOMESTIC VIOLENCE:**

Call (888) 843-9262

**SEXUAL VIOLENCE:**

Call (888) 264-7273

**DEAF & HARD OF HEARING:**

Text (732) 977-2832

**2NDFLOOR® YOUTH HELPLINE:**

Call or Text (888) 222-2228

**FAMILY JUSTICE CENTER:**

Call (732) 264-4360 ext. 5000

**MAIN HEADQUARTERS**

1 Bethany Road  
Building 3, Suite 42  
Hazlet, NJ 07730  
(732) 264-4111  
Fax: (732) 264-8655



180 Turning Lives Around, Inc. is a registered 501(c)(3) non-profit organization and receives financial support from individuals, government and civic agencies, faith-based organizations, corporations, and foundations. Gifts to 180 are tax-deductible to the full extent possible under IRS regulations. Visit [www.180nj.org](http://www.180nj.org) for more information about our funders and how you can support 180.



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**180NJ.ORG**



## Safe House

The cornerstone of our compassionate and comprehensive services for both female and male survivors, our emergency Safe House offers a confidential and secure location for survivors and their families fleeing violence. Survivors are provided with family housing for 30-60 days, counseling, case management, assistance in finding housing, and other supportive services regardless of sexual orientation and/or gender identity. The Safe House is completely handicap accessible.

180 believes that no one should have to choose between their personal safety and leaving their pet behind in a dangerous situation. Therefore, our Safe House includes pet-friendly rooms.

## Family Services

### Monmouth County Family Justice Center (FJC)

The FJC provides survivors of domestic violence, sexual assault, child abuse, and human trafficking and their families with resources, crisis support, legal assistance, and counseling services all in one safe place through referrals to our partner organizations and supporting agencies for employment services, food assistance, and childcare, housing, and spiritual support. These coordinated services are proven to save lives.

### Family Court Liaison Program

Located at the Monmouth County Superior Court, the knowledgeable & experienced staff provides information regarding legal rights, options regarding domestic violence, victim advocacy, and accompaniment through court procedures, and assists in obtaining or dismissing a restraining order.

### Shore Regional Outreach Program

Provides free and confidential culturally-sensitive counseling to Caucasian, Latinx, Women and Men of Color who have experienced or know someone who has experienced domestic or sexual violence. Serving Long Branch, NJ, and the surrounding shore communities, our bilingual staff ensures that cultural differences and language are not barriers for victims seeking our support and services, including individual and group counseling.

### Amanda's Easel Creative Arts Therapy Program

Designed to help children ages 4-14 and their non-offending parent heal from the effects of domestic violence, strengthen self-esteem, develop coping skills, improve parent-child communication, and break the cycle of family violence. Small group and individual sessions are led by Master's level therapists in art, play, drama, and music therapy, and counseling, case management, and support services for the non-offending parent/caregiver are also provided.



## 2NDFLOOR® Youth Helpline

Targeted to assist youth ages 10-24 to navigate any topic, 2NDFLOOR® is a statewide, confidential prevention helpline. Trained volunteers and staff provide 24/7 support, advice, and comfort, and steer callers to community resources they may not have known about through popular modes of youth communication, including by phone, text message, and online. For more information, visit [www.2NDFLOOR.org](http://www.2NDFLOOR.org).

### Youth Education

Experts from our team visit local schools to educate teens on the signs and symptoms of unhealthy relationships, empower them to identify abusive situations, and teach them where to get help and how to cultivate healthy relationships.

### Professional Training

Our team promotes community awareness and provides professional education & training about domestic and sexual violence, including how to identify signs and symptoms, for schools, law enforcement, community/civic groups, faith-based organizations, social service agencies, and parents.

## Domestic Violence

### Response Teams

Trained Domestic Violence Advocates work with municipal police departments to provide emotional support, valuable resources, and critical information to survivors following a domestic violence incident.

### Counseling

Individual short-term counseling provides a safe space for survivors to begin talking about and working through the trauma of domestic violence. A variety of support groups reduce survivors' experience of isolation, which is often created by the abuser to further control, and provide individuals the opportunity to realize they are not alone. Counselors provide support, education, and advocacy as survivors regain control of their lives.

### Liaison Program

The Liaison assists the Department of Children Protection and Permanency (DCP&P) caseworkers in assessing for family violence in alleged child abuse cases and provides on-site case consultation at the two area DCP&P offices. The Liaison can also provide safety planning, domestic violence education, referrals, and advocacy for non-offending parents and their children.

## Sexual Violence

### Response Teams

Trained Sexual Violence Advocates are on-call to assist survivors of sexual violence and their significant others at hospitals and police departments and provide support during all phases of the criminal justice system process.

### Counseling

Expert sexual trauma and recovery counselors provide support and education for survivors and/or their significant others. Individual short-term counseling provides a safe space for survivors to begin talking about and working through the trauma, while support groups reduce their experience of isolation and provide survivors the opportunity to realize they are not alone.

