

180 IN MOTION

Spring 2012



A MESSAGE FROM KATHLEEN ELLIS 180 Board President

“Community” - a word that means many different things: a group of people; an entire neighborhood; or, a sense of kinship or unity. Community, in all of its definitions, can play a vital role in preventing domestic violence. Those affected by domestic violence usually turn first to those they trust - extended family, friends, neighbors, co-workers or spiritual leaders. After that, people may reach out to a service agency such as 180, or seek government intervention, such as the police, courts and child protective services. Too often, however, families dealing with violence are not aware of the wide range of services that could

help them, or, if they do know, they may still hesitate to come forward out of fear, shame or guilt. That is why it is critical that we continue building community awareness of, and positive support for 180’s programs and services.

That’s where you come in. As a member of the 180 community, you can make a difference - you can make the world a better place. You can educate young people about all forms of abuse, including dating violence, and encourage teens to contact our 2NDFLOOR® Youth Helpline. You can promote attitudes and actions that foster healthy and

respectful relationships in the home and in the workplace, as well as inform colleagues of the warning signs of domestic violence. (See story on page 3.) You can raise awareness of violence against women by having your business participate in Denim Day on April 26th. (See story on page 7.) And you can support local businesses and organizations who host fundraising events on behalf of 180. (See page 7.) Spread the word about 180 and someone will hear you; hopefully someone who needs us.

It takes a whole community to end domestic violence. Thank you for being part of our 180 community.

PRUDENTIAL FOUNDATION AWARDS \$25,000 GRANT FOR 2NDFLOOR® OUTREACH IN NEWARK

2NDFLOOR®, 180’s youth helpline, has recently received a \$25,000 award from The Prudential Foundation for expansion of its outreach initiatives in Newark.

According to 2NDFLOOR Director of Development Nicole Romaine, the monies will be used to expand outreach at all Newark middle and high schools to increase awareness of 2NDFLOOR’s services and how students may access and benefit from them. 2NDFLOOR staff will initiate contact with school personnel and arrange for promotional materials to be distributed to students throughout the course of the school year.

“Newark youth face many challenges in addition to those



Prudential Foundation

normally associated with childhood, adolescence and young adulthood,” said Romaine. “Ensuring their awareness of and access to 2NDFLOOR can provide far reaching support for early problem-solving capability, increase communication with trusted adults, as well as assist in responding to more critical situations.”

Experience has shown that young people need to gain a familiarity with a service prior to trying it out, and that repeated outreach efforts yield more increased usage of the service.

The Prudential Foundation supports programs that build skills and competencies needed for young people to be productive citizens. It includes expanding arts education and supporting effective out-of-school-time programs for young people.

“We are extremely grateful for the generosity of the Prudential Foundation, which has a long-standing history of assisting Newark youth,” said Romaine. “2NDFLOOR provides opportunities and support for Newark’s young people in all aspects of their lives, guiding and encouraging them to solve problems and make positive choices that will help put them on a path for a brighter future.”



A MESSAGE FROM ANNA DIAZ-WHITE

180 Executive Director

In recent months, many of our local newspapers' headlines have been linked to lethal incidents of domestic violence. Within an incredibly short period of time, we were reminded that domestic violence knows no boundaries, affecting those of every race, religion, and socio-economic status.

Few of us can escape being impacted by last fall's murder of a young Middletown woman, allegedly at the hands of her husband. A friend of the victim was quoted saying, "She seemed to have a perfect family and a perfect life." Or the Old Bridge mom who was murdered by her estranged husband, who then abducted his two young daughters before committing suicide. Or the death of a two-year-old girl allegedly by her abusive father while on a court-approved visit - the child's

body was found by local teenagers partially submerged in a creek off of Shark River. The father was arrested in California where he had fled.

None of us can know what really happened behind the doors in any of these households prior to these devastating murders. But as we have come to learn all too often, people need to know that family violence and abuse can happen to anyone, anywhere. Domestic violence is something that by definition happens behind closed doors, so most people will not know what is really going on in a family by seeing them at church, in school or at work. Domestic abusers are very much in control of themselves, generally not abusing their spouse/partner where others can witness it. They don't abuse neighbors, friends or co-workers. They target and abuse

their intimate partner. And so, they can be coaches, co-workers, pillars of the community who are well-liked and also be a domestic abuser.

It is important to know that 180 Turning Lives Around is a resource in our community that can help victims and their families escape from and begin to heal from the devastating effects of domestic violence. 180's services include hotline, shelter, counseling, crisis intervention, advocacy, education and prevention that will help to end the cycle of domestic violence. Our hearts go out to the families affected by these horrible crimes. We urge anyone who is experiencing family abuse and violence to reach out and get help, and we encourage members of the community to join us in our work to make every home a safe home.

THE H.O.P.E. WALK



On Saturday, May 12th, hundreds of youth will be participating in the H.O.P.E. Walk at Middletown North High School in support of 180's programs and services. The walk is the brainchild of 180 volunteer, Jennifer Bane, who believed something positive needed to come out of the horror of the murder of Kimberly Allen of Lincroft.

"After the murder in Middletown, I searched for a way to make an impact in the community," recalled Jennifer. "So when I went

to church, I asked one of the Sisters what resources they use when dealing with a case of domestic violence. When she answered, 'none,' I gave her information on 180 and realized there was work to be done."

With the blessing of Middletown Police Sgt. William Colangelo and 180, Jennifer was given the go-ahead to arrange the walk. Her thought then turned to involving youth. "Domestic violence is a learned behavior," she said. "If I could reach them and teach them what domestic violence is, then we can break the cycle."

Jennifer discussed her ideas with Jacqui Hillman, who leads the Atlantic Highlands LEO (Leadership,

Excellence, Opportunity) Group, whose members range from 6th - 12th graders. At that first meeting with the LEO Group, one of the members suggested naming the walk "HOPE" for "Hold On. Pain Ends."

"The group got excited," said Jennifer. "They want their voices to be heard."

So on May 12th, hundreds of youth will walk around the track at Middletown North High School in hopes of raising awareness about domestic violence, as well as raising funds to support the programs and services of 180.

For more information and to get involved, call 732-796-4347. Pre-register today by visiting www.180nj.org and click on **News & Events**.

180's SAFE HOUSE IS THE RECIPIENT OF A \$5,000 GRANT FROM THE WAWA CHARITIES PROGRAM

The Safe House is a safe haven for single women and women with children who, as a result of being victims of domestic violence, are forced to seek immediate safe shelter. In addition to providing physical safety, 180 assists these victims in becoming self sufficient so that they can establish a home life without the abuse.

"180 is the only program in Monmouth County that provides emergency shelter specifically for homeless victims of domestic violence and their children," said Anna Diaz-White, 180's Executive Director. In addition to shelter, 180 provides

food, clothing, case management, on-site support groups, counseling and transportation to its residents.

The shelter's seven bedrooms can house up to 25 individuals at any given time, with an average of 125-150 residents over the course of a year. While there are no income restrictions for admittance, the vast majority of clients fall within the federal poverty guidelines.

"Our needs for funding are great, and we are so thankful for Wawa's support of this vital service," said Connie Heath, 180's Director of Development.

The Wawa Charities Program is comprised of corporate funds and associate contributions, and currently supports, among other causes, the issue of domestic/sexual violence. Among the founding principles of Wawa is its ongoing commitment to the communities where they do business. The company and its associates continuously seek out opportunities to make them the best neighbor they can be.

180's Safe House is happy to consider Wawa its good neighbor.

RECOGNIZING THE WARNING SIGNS OF DOMESTIC VIOLENCE IN THE WORKPLACE

It's impossible to know with certainty what goes on behind closed doors, but there are some tell tale warning signs of domestic violence. If you witness any warning signs from a co-worker, take them very seriously.

People who are being abused may:

- Have frequent injuries, with the excuse of "accidents"
- Frequently miss work without explanation
- Dress in clothing designed to hide bruises or scars
- Check in often with their partner to report where they are and what they're doing
- Receive frequent, harassing phone calls from their partner
- Talk about their partner's temper, jealousy, or possessiveness
- Have limited access to money, credit cards, or the car
- Have very low self-esteem
- Show major personality changes
- Decline invitations for after-work social events
- Be depressed, anxious, or suicidal

****Keep in mind:** Domestic abuse is not always physical. Verbal, emotional and financial abuse are also ways that an abuser controls their victim. An abuser is usually very much in control of themselves in public and may seem like the least likely person you would suspect of being abusive.

If you suspect that someone you work with is being abused, speak up! If you're hesitating and telling yourself that it's none of your business, you might be wrong. The person might not want to talk about it but keep in mind that expressing your concern will let the person know that you care and may even save his or her life.

For questions or concerns, please call 180's Domestic Violence Hotline at 1-888-843-9262.

LOCAL COMMUNITY SUPPORT



Left, The Girl Scouts of the Jersey Shore Troop #688 collected new adult and children's pajamas for our clients. With the extra monetary donations received, the Troop generously bought new baby items that are always needed for the clients at our Safe House.



Above, 180 interns dress up and help Boscov's at the Monmouth Mall's hand out candy to their customers on October 31st.

Left, a 180 volunteer helps out at the crafts table for children to make holiday decorations in Boscov's.



Amanda's Easel, a program of 180 Turning Lives Around, was selected by First Lady Mary Pat Christie to design the State Tree Ornament for New Jersey's State Christmas Tree in Washington D.C. this past year.

Pictured above is one of the ornaments made by a client of Amanda's Easel.

Right, Mike Greico of Cat Limousine South and Carol Mazzola, member of the Kiwanis Club of Marlboro drop off a truck full of toys for the December 2011 holiday season.



Members of the Friendly Sons of Shillelagh of Belmar donated many much needed items for 180 clients during the December 2011 holiday season.



Children of The Child's Place School collected items for 180 clients during the December 2011 holiday season.



Monmouth University students "Walk a Mile in Her Shoes" on their campus in West Long Branch to show support for ending domestic and sexual violence against women.

SPOTLIGHT ON: 180's SEXUAL VIOLENCE PROGRAM

180's Sexual Violence Program (SVP) provides core crisis response and on-going services to victims of sexual assault and their loved ones. It is the only program in Monmouth County to offer crisis response by expertly trained advocates and remains the only program in the county to offer a full continuum of services that responds to the survivor's needs from anonymous and confidential immediate phone response, to in-person advocacy and support, to follow-up and ongoing support groups.

180 staff and trained advocates are available 24 hours a day, 365 days a year to assist victims of sexual violence and their significant others during a time of crisis. This also includes victims who are reaching out to 180 to address incidents that have occurred years or decades earlier. Advocates understand the complexity of the aftermath of sexual assault and can assist victims in making informed decisions and obtaining resources, which includes referrals to 180's SVP for counseling. They provide emotional support and accompaniment during hospital medical examinations, police procedures, and through the criminal justice system. In the last year, sexual assault victims and their significant others received 222 volunteer accompaniments from 25 trained volunteer advocates.

These accompaniments are made in coordination with the county-wide Sexual Assault Response Team, which mobilizes investigative and supportive teams (involving specially-trained forensic nurses, detectives, and 180's victim advocates) to respond to a sexual assault. 180's victim advocates ensure that emotional support, timely and sensitive treatment, and after-care is provided to the survivor. Victim advocates are also available to provide crisis accompaniments for significant others of the survivor at the hospitals and police headquarters. These accompaniments involve emotional support, information, and service referrals.

According to Sue Levine, Coordinator of 180's Victim Support Program, the Program Advocate provides first-line assistance for and supervision of 180's SART volunteer advocates. These highly-trained and dedicated volunteers provide advocacy and support via the 180 hotline, as well as respond in person to sexual violence victims and their families, day and night. The Program Advocate also assists with the intensive, 50-hour mandatory training of new volunteers, as well as with case review at the monthly SART advocate meetings.



"The volunteer advocates are the heart and soul of the program," said Levine. "The Program Advocate position ensures that every victim has an advocate and the schedule is always covered." Levine noted that when the on-call volunteer is on a hotline call or in the field on an accompaniment, there is always a back-up ready to take the next call. During regular 180 business hours, the Program Advocate also has the responsibility of being the back-up advocate.

"The Sexual Violence Program works because we work collectively with our partners throughout the county," said Levine. Those partners include law enforcement and the prosecutor's office, in collaboration with the county's five hospitals.

Peter Boser is the Assistant Monmouth County Prosecutor, Director of the Sex Crimes/Child Abuse Unit. His role is

to supervise the lawyers who prosecute sex crimes cases in the county.

"I have always had a great relationship with 180," said Boser, who's been in his position since 1988. "The advocate program is tremendously valuable on a number of levels. The advocates' sole job is to be there for the victim. They put the victim at ease and that makes everyone else's job easier."

Eileen Allen, MSN, RN, FN-CSA is the SANE/SART Program Coordinator for Monmouth County, whose job is to ensure that every victim receives the services of the county's collaborative partners.

"We rely on the professionalism and quality of the services provided by the 180 advocates and all of our agencies," said Allen. "We make sure every victim is afforded the same opportunity to receive all the services suitable to their individual situation."

"The advocates provide victim-centered and victim-focused services. They are respectful of what the victim has been through, irrespective of what choices they ultimately make," she continued. "The advocates let the victims have control back."

"We feel that the Sexual Violence Program is a vital program for victims in this county," said Fran Lobl, who serves on the Board of the Faith and James Knight Foundation, a longtime supporter of the SVP. Fran herself was an advocate for 10 years. "The advocates make a tremendous difference in the lives of the victims by explaining their choices and empowering them," she noted.

If you are you interested in becoming a volunteer advocate for the for 180's Sexual Violence Program, please contact Sue Levine at susanl@180nj.org or 732-264-4360, Ext. 4271 for information on the next 50-hour training session.

SPECIAL EVENTS



Co-chairs of the 2011 Annual Golf Classic at Hollywood Golf Club are Rick Blank (left), Tom Widener and Michael Benedetto.



Golfers Jane Gordan and Leslie Hitchner (winner of the women's longest drive competition) before they head out on Hollywood's picturesque course.



Above, Anna Diaz-White, 180's Executive Director and Comedy Show organizer, Michael DeStefano pull the winning 50/50 raffle winner.



First place low net foursome is 180 Board Member Steve Morgan and wife Kelly Tomblin-Morgan with Mary Ann and Phil Luccarelli.



2nd Place low gross foursome is Paul Hondros (left), Ed Turi, 180 Board Member Steve Turi, and Doug Edler.

Below, Susan and Chad Small (left), Sean and Christine Reynolds with Fritz and Denise Thomas during the pre-show reception.



180's "It's Your Turn" Annual Spring Gala was held on Saturday, March 10, 2012, at Navesink Country Club. This year's honorees were our past-to-present golf chairs; they have all contributed to the success of the agency's golf outings from 2006 through 2011. Congratulations to John Budzyna, Steve Turi, Michael DeStefano, Michael Small, Rick Blank, Tom Widener and Michael Benedetto!



Anna Diaz-White, 180's Executive Director with the 2012 honorees: John Budzyna (left), Steve Turi, Tom Widener, Rick Blank, and Michael Benedetto.



Thank you to the 2012 Spring Gala Committee for all of your hard work to make this event a success!



Senator Joseph and Susan Kyrillos enjoying the gala reception.

Right: 180 Board Members Robin Fitzmaurice (left) , Lisa Fardella, Greg Greene, and Eileen O'Hern Luby, with emcee Jack Ford, Esq.



DENIM DAY

Wearing jeans to work is a not the norm in many places of business. However, on April 26, 2012, 180 Turning Lives Around encourages everyone to participate in the internationally recognized "Denim Day."

Wearing jeans became an international symbol for the rights of all sexual assault victims in 1998, after an Italian Supreme Court decision overturned a rape conviction. The case involved a young woman who was attacked by her driving instructor. The victim wore tight-fitting jeans and the judge ruled that the victim must have consented to sex because she was forced to help her attacker remove her jeans. People all over the world were outraged. Wearing jeans became an international symbol of protest against erroneous and destructive attitudes about sexual assault.

At 180, the Men's Task Force, lead by Ray Eckhoff, spearheads this annual campaign, calling upon its members' partners in the business community to participate in Denim Day.

"Denim Day is an outward example of how a community can help change people's perceptions about violence against women, men and children," said Eckhoff, Vice President at The Provident Bank in Iselin, NJ. "The Men's Task Force stands in support of survivors and encourages local businesses to do so as well."

"The past few years, our corporate friend, New Jersey Natural Gas, allowed employees who contributed \$5 to wear jeans to work on that day," said Connie Heath, 180's Director of Development. "Thanks to their generosity, more than \$2,000 has been raised for 180's vital services to survivors of sexual assault."

"NJNG has committed to campaigning on behalf of all victims of domestic and sexual violence, raising public awareness and ensuring that 180's programs and services are available to those in need." Said Anna Diaz-White, 180's Executive Director.

Any business or organization that would like to participate in Denim Day 2012 should contact Jaimee Skidmore at 732-264-4360, ext 4232 or jaimees@180nj.org.



MARK YOUR CALENDAR FOR THESE UPCOMING EVENTS

April is Sexual Violence Awareness Month!

April 26 - Denim Day

May 12 - The 1st Annual H.O.P.E. Walk

2 mile walk organized by youth!

Middletown North High School, Middletown

May 15- June 14 - Sexual Assault Response Team Training

Tuesday, Wednesday and Thursday

6-9:30 pm

Please contact Kim Carhart at kimc@180nj.org.



May 30 - Ladies Tennis Outing

9-12 pm with a light lunch to follow

Ocean Beach Club, West End

July 29 - Jersey Girl Triathlon

A premier woman's only event at the Jersey Shore!

Pier Village, Long Branch

300 yard swim ... 10.5 mile bike ... 3 mile run



September 24 - 6th Annual Golf Classic

It's never too early to register your foursome!

Hollywood Golf Club, Deal

Become a 2NDFLOOR® Youth Helpline Volunteer!

Please contact Danielle Pezza, Volunteer Coordinator, at 732-264-4360 ext. 2266 or daniellep@180nj.org.

Check our website, www.180nj.org & click on **News & Events** for more information.



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180 IN MOTION is published by 180 Turning Lives Around, Inc., a non-profit organization serving individuals affected by domestic and sexual violence, rape and child abuse. 180 apologizes for any omissions. Please send corrections to connieh@180nj.org.



1 Bethany Road
Building 3, Suite 42
Hazlet, NJ 07730

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732-264-RAPE

Toll Free

888-843-9262
888-264-RAPE

2NDFLOOR® Youth Helpline

888-222-2228

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