

C O U R A G E



ANNUAL REPORT 2009

180 Turning Lives Around, Inc. is a private, non-profit organization dedicated to ending domestic and sexual violence in Monmouth County.

180 is committed to providing services to individuals and families affected by domestic and sexual violence which include hotlines, shelter, counseling, crisis intervention, advocacy, education and prevention that will help to end the cycle of domestic violence and abuse. The agency works to mobilize concerned individuals, organizations, civic and religious groups to join our effort to end violence and abuse through public education, public policy reforms and training of allied professionals.



1 Bethany Road
Building 3, Suite 42
Hazlet, NJ 07730
Main Phone: 732.264.4111
Fax: 732.264.8655

24 Hour Domestic Violence Hotline: 1.888.843.9262
24 Hour Sexual Assault Hotline 1.888.264.RAPE
24 Hour 2NDFLOOR® Youth Helpline 1.888.222.2228

www.180nj.org
www.2NDFLOOR.org

“This program has given me more than I could have hoped for. If it were not for this program, my sons and I would still be in an extremely unhealthy environment. We are grateful for the opportunity they have provided us.”

~ Families In Transition Client

COURAGE

Renowned civil rights leader James Farmer, in his book, *Lay Bare the Heart*, wrote, "Courage, after all, is not being unafraid, but doing what needs to be done in spite of fear." In our mission to end domestic and sexual violence, we see the remarkable courage garnered as women and men strive to make changes in their lives and their children's lives. It surely takes courage on the part of victims to make that first call for assistance. And, it takes a certain measure of courage on 180's part to anticipate and provide for client needs, particularly when financial resources are uncertain.

Clearly, the need for expanding the vital programs and services offered by 180 Turning Lives Around has never been greater. In fiscal year 2009, we sheltered 18 percent more women and 44 percent more children in our emergency Safe House. During the same period of time, 51 percent more individuals who had been subjected to sexual violence participated in our counseling services. We also saw a surge in the number of domestic violence survivors served with an average 27 percent increase in clients who were helped by outreach, screening, parenting and counseling programs.

Amanda's Easel Creative Arts Therapy, which received a \$450,000 grant in fiscal 2009 to expand its program, was able to serve an additional 60 percent of adults and 40 percent of children who had been traumatized by physical, emotional or sexual abuse. Family Court Liaison Services helped guide 10 percent more women and men through the legal system.

In the important area of prevention, we increased professional trainings and community education by an impressive 48 percent. Even more remarkable was the expansion of 2NDFLOOR® Youth Helpline, as funding from the State, and U.S. Office of Juvenile Justice and Delinquency Prevention, made it possible to offer our services across New Jersey – creating 180's first statewide program. Calls received from young people ages 10 through 24 increased 326 percent in fiscal 2009, and continue to grow at a rate of 15 to 20 percent each month.

As the need for help increased, so, thankfully, did our army of volunteers – 602 individuals – over 20% more than last year. As our staff and volunteers rise to meet the demand for more services, we are ever-mindful of our remaining challenges. While more people were served by our Safe House in fiscal 2009, 83 women and families were turned away for lack of space. For this reason, we are moving ahead with plans to build a new Safe House that will nearly double our capacity.

Before closing, we want to sincerely thank outgoing Board President Philip D. Murphy for his exceptional service to our organization during his tenure and wish him well in his new endeavors. We also want to thank you - our supporters, volunteers, staff, community members, business and civic leaders - for all that you have done, and continue to do, to help 180 accomplish its goals and meet future needs. With our shared vision, efforts and courage, all things are possible.

Kathleen Ellis
Board President

Anna Diaz-White
Executive Director

PROGRAMS & SERVICES

Emergency Safe House

- Emergency housing for women and children fleeing family violence
- Case management
- Counseling & creative arts therapy
- Advocacy
- Practical assistance/life skills preparation

Domestic Violence Services

- Hotline staffed 24 hours a day
- Immediate counseling, emotional support, and advocacy
- Crisis intervention, referrals and resources
- Partnerships with police departments
- Domestic violence group counseling
- Emergency accompaniments (Domestic Violence Response Team)
- Parenting skills workshops
- Shore regional outreach services in the Greater Asbury Park area

Sexual Violence Program

- Hotline staffed 24 hours a day
- Immediate counseling, emotional support, and advocacy
- Crisis intervention, referrals and resources
- Partnership with all hospitals in Monmouth County
- Sexual violence group counseling
- Emergency accompaniments (Sexual Violence Response Team) to police station, hospitals, courts
- Professional and community trainings

Families In Transition

- Housing for families for up to 18 months
- Life skills training: financial management education, career counseling, parenting education
- Assistance in obtaining permanent housing
- Case management
- Counseling
- Creative arts therapy

Amanda's Easel Creative Arts Therapy

- Creative arts therapy for children and families
- Case management
- Parenting skills workshops

Family Court Liaison Services

- Assistance on-site at Freehold Family Court
- Accompaniments through court proceedings
- Information on Victim rights and options
- Crisis intervention, emotional support, and referrals

2NDFLOOR® Youth Helpline

- 24-hour telephone assistance for all New Jersey youth ages 10-24
- Toll-free, anonymous and confidential
- Listening, support, referrals and prevention
- Interactive website and message board

"I would like to thank the 180 Families In Transition program for helping me give my daughter and I a life we couldn't have otherwise. In relearning to function effectively, I feel I'll be able to really live again, without having to be so dependent on others for assistance."

~ Families In Transition Client

PROGRAM & AGENCY STATISTICS

Emergency Safe House

Housed: 65 women, *an increase of 18%*
102 children, *an increase of 44%*
Average length of stay: 19.5 days
Women and families unable to be admitted due to space limitations: 83

Domestic Violence Services

Hotline: 3,416
Counseling: 185 individuals, *an increase of 27%*
Domestic Violence Response Team accompaniments: 756, *an increase of 3%*
Family Violence Option: 156 people screened, *an increase of 28%*
Positive Opportunities for Parenting: 55 women, *an increase of 34%*
Shore Regional Outreach Program: 159 women, *an increase of 37%*

Sexual Violence Program

Hotline: 1509 calls, *an increase of 1%*
Counseling: 107 individuals, *an increase of 51%*
Sexual Assault Response Team accompaniments: 234 victim accompaniments, *an increase of 32%*
200 significant other accompaniments

Families in Transition

Provided housing and wrap-around services: 14 women and 25 children

Amanda's Easel Creative Arts Therapy

Adults served: 117, *an increase of 60%*
Children served: 180, *an increase of 40%*

Family Court Liaison Services

Women Served: 1,902, *an increase of 11%*
Men served: 306, *an increase of 9%*
Total individuals served: 2,208, *an increase of 11%*
Total calls to court hotline: 846

2NDFLOOR® Youth Helpline and Website

Calls received: 138,770, *an increase of 326%*
Visits to website: 87,664, *an increase of 89%*

Professional Trainings and Community Education

Professional or community education sessions: 347, *an increase of 48%*
Volunteers and Interns: 602, *an increase of 20%*
Total hours served: 143,712

"2NDFLOOR® is important to kids who do not feel like they have anyone to talk to about problems they may have in their lives. 2NDFLOOR® gives all kids the opportunity to work out their problems with a phone counselor who is a neutral party and has the child's best interest at heart."

~ 2NDFLOOR® Intern

AWARDS, ACCOMPLISHMENTS & ACCOLADES

2NDFLOOR® Youth Helpline

This program was awarded funding from the U.S. Office of Juvenile Justice and Delinquency Prevention and the State of New Jersey to expand the helpline to all 21 counties in New Jersey. The helpline also expanded their hours of operation to 7 days a week, 24 hours a day. Since this expansion, call volume continues to increase at a rate of 15-20% each month.

Families In Transition Program

The Howell PBA recognized the Families In Transition Program for their work in the community.

Anna Diaz-White, Executive Director

Anna was selected as one of “40 Who Make A Difference” throughout Monmouth and Ocean counties by 40°74° Magazine. She was featured in the October issue of the magazine, which was dedicated to “the people and their causes that shape the area.”

Kathee Callan, Family Advocate of Families In Transition

Kathee was awarded her Domestic Violence Specialist Certification through the New Jersey Coalition for Battered Women. This certification requires an intense amount of experience, course credits and letters of recommendation.



Tina Morgan, Co-Coordinator of Domestic Violence Response Team (DVRT):

Tina received a Certificate of Appreciation for her support and participation in the 2008 National Night Out Community Block Party in Neptune, New Jersey.

Lauren Lormel, Sexual Violence Counselor for the Sexual Violence Program

Lauren was accepted into The Child Sexual Abuse Consultation Project, a program funded through the Department of Children and Families. This project will enhance her skills in providing services to teens who have been sexually abused and their significant others. Lauren completed the project in August of 2009.

Laura Greenstone, Assistant Coordinator of Amanda's Easel Creative Arts Therapy

Laura received a service award for her role as Chair of the National Coalition of Creative Arts Therapies Association from 2005-2009. During her tenure, she helped found the National Arts in Healthcare Advisory Council, which represents over 100,000 individual members of national arts organizations. She continues to serve on the Council which is active in advocating for access to alternative and complimentary programs such as Amanda's Easel within Healthcare Reform.

Felicia Etuke, Case Manager at the Safe House & Phone Counselor at 2NDFLOOR® Youth Helpline

Felicia received her Masters Degree in Counseling from Liberty University in Spring 2009.

"180 has given me and my children the chance to start a new, wonderful life. I thank them from the bottom of my heart for this great opportunity!"

~ Families In Transition Client



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Youth Helpline*

MB Villa
*Co-Director of 2NDFLOOR®
Youth Helpline*

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Jim Weakley

"They helped me so much! I felt that there were people out there who truly wanted to help me! They listened to me and my situation, gave me advice on it too! And now I'm living my life, feeling Safe!"

~ Family Court Liaison Client

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Anna Diaz-White

Executive Director

Connie DeSpirito Heath

Director of Development

Mary Lou Killian

Director of Operations

Jo Ann Palumbo

Director of Program Services

Nicole Romaine

Co-Director of 2NDFLOOR®

Youth Helpline

MB Villa

Co-Director of 2NDFLOOR®

Youth Helpline

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DEVELOPMENT

Barbara Lovell-Napoli

Amy S. Thomas

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COURT LIAISON

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Robertta Herman

OUTREACH COUNSELING

Janet Lee

Monica Schiffman

Ginger Schwankert

SEXUAL VIOLENCE

PROGRAM

Susan Levine

Ellen Bloom

Colleen DeMarks

Elaine Eisberg

Jean Hines

Aisha Irvis

Lauren Lormel

Susan O'Donnell

Carrie Speiser

Catherine Weich

FAMILIES IN TRANSITION

Melissa Knott

Kathleen Callen

Nancy D'Averso

Iluminada Espalliat

HOTLINES AND SAFE HOUSE

Isabel R. Quezada

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Carol A. Barker

Linda W. Beresford

Felicia Eтуke

Maria Evangelista

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Petronelli Pigott

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DOMESTIC VIOLENCE

RESPONSE TEAMS

Susan Levine

Tina Morgan

2NDFLOOR® YOUTH HELPLINE

Robin Bailey

Lauren Bonnana

Terry Boyce

Diane Conforti

Daniella Cuje

Susan DiFedele

Marcia Franklin

Julia Goldburt

Margaret Holanov

Janet Lee

Thomas Letson

Lisa McCree-Nathari

Tiffany Miller

Cheryl Mountain

Lauri Murphy

Vin Nappi

Brenda Rosario

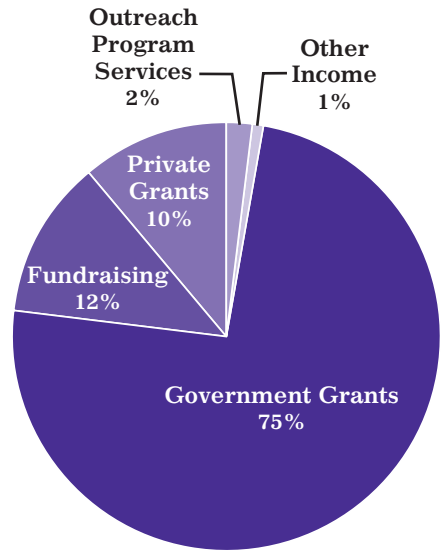
Jeffrey Slater

Regine Tollefsen

FINANCIAL REPORT JULY 1, 2008 - JUNE 30, 2009

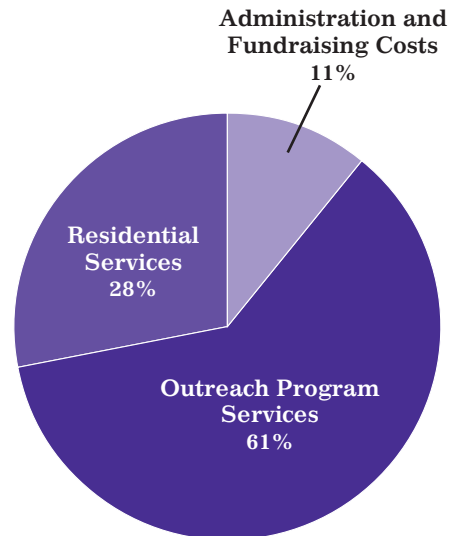
SOURCES OF OPERATING REVENUE

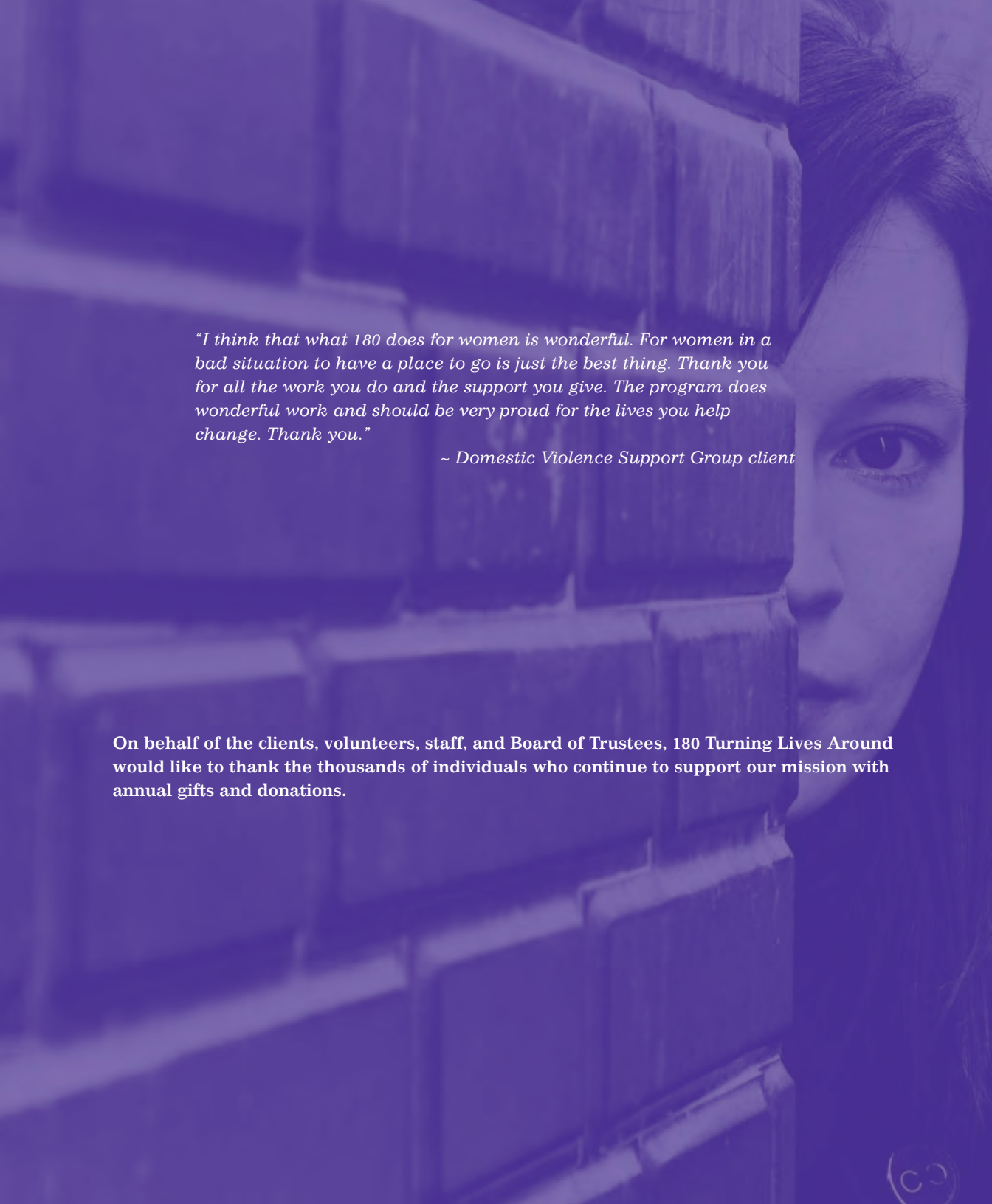
Government Grants	75%	\$ 3,631,693
Fundraising	12%	\$ 612,891
Private Grants	10%	\$ 518,237
Outreach Program Services	2%	\$ 80,219
Other <u>Income</u>	1%	\$ 33,147
Realized loss on investments		\$ (24,992)
Unrealized loss on investments		\$ (78,672)
Total		\$ 4,772,523



FUNCTIONAL EXPENSES

Outreach Program Services	61%	\$ 2,948,136
Residential Services	28%	\$ 1,349,088
Administration and Fundraising Costs	11%	\$ 520,735
Total		\$ 4,817,959



A woman's face is visible on the right side of the image, peering through a brick wall. The entire image has a purple tint. The woman has dark hair and is looking towards the camera with a slight smile.

"I think that what 180 does for women is wonderful. For women in a bad situation to have a place to go is just the best thing. Thank you for all the work you do and the support you give. The program does wonderful work and should be very proud for the lives you help change. Thank you."

~ Domestic Violence Support Group client

On behalf of the clients, volunteers, staff, and Board of Trustees, 180 Turning Lives Around would like to thank the thousands of individuals who continue to support our mission with annual gifts and donations.





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